



# **LEGACY BUILDERS**

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Marriage and Family Education Curriculum

Partnering in Marriage to  
Extend Healthy Relationships  
to the Next Generation

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**HARMONIC CONNECTIONS PLUS**

# Legacy Builders Curriculum (LBC)

## Overview

LBC:

- is a four-week curriculum course for married couples
- equips couples to be leaders in their homes by showing their children examples of
  - *healthy communication*
  - *conflict resolution*
  - *problem solving skills*
- cultivates partnership in marriage
- provides opportunities for couples to work toward shared goals.

# LCB Purpose

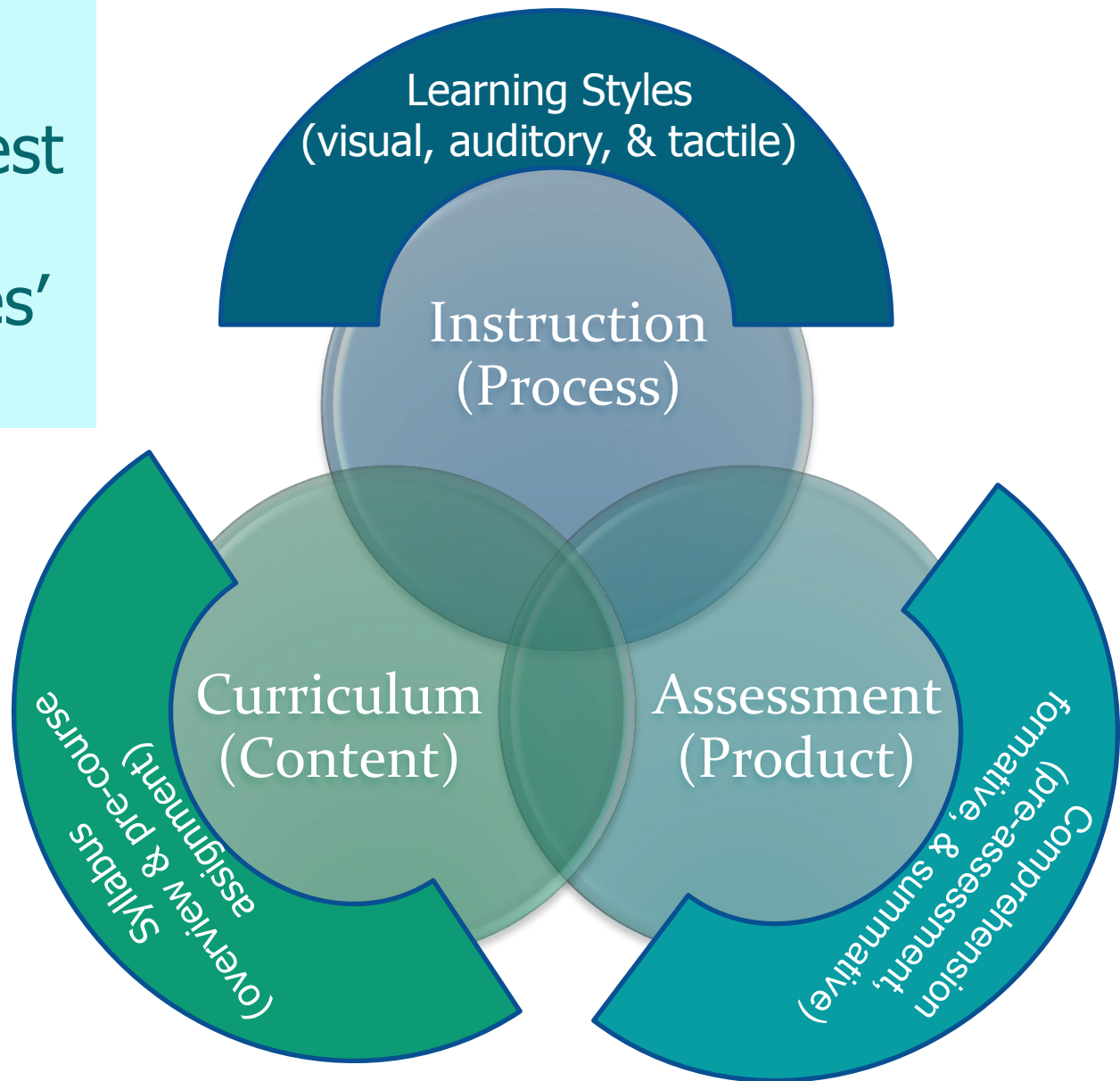
**The purpose of the Legacy Builders Curriculum is to:**

- teach learners skills to communicate effectively, resolve conflict, and problem solve in partnership
- equip learners to establish healthy standards and goals for *their* unique marriages and families.

Note: Relationship values and partnership principles are communicated throughout the LBC course. While couples are encouraged to focus responses toward those values and principles, LCB facilitators do not assess the appropriateness of couples' resolutions unless they are unlawful or otherwise potentially harmful to themselves or others.

# LBC Educational Concepts

**LBC** includes educational concepts and best practices to enhance couples' learning.

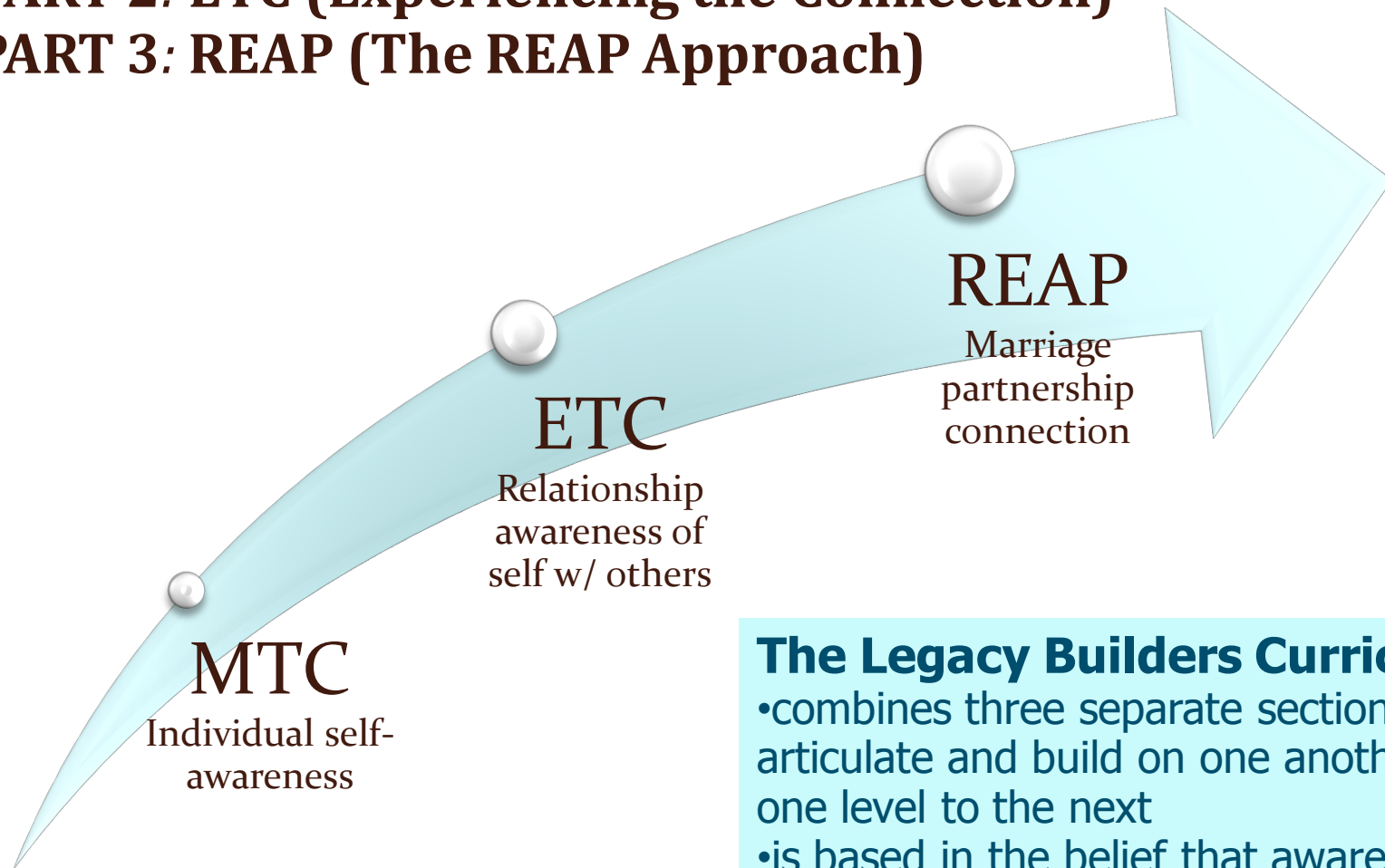


# LBC Framework

**PART 1: MTC (Making the Connection)**

**PART 2: ETC (Experiencing the Connection)**

**PART 3: REAP (The REAP Approach)**



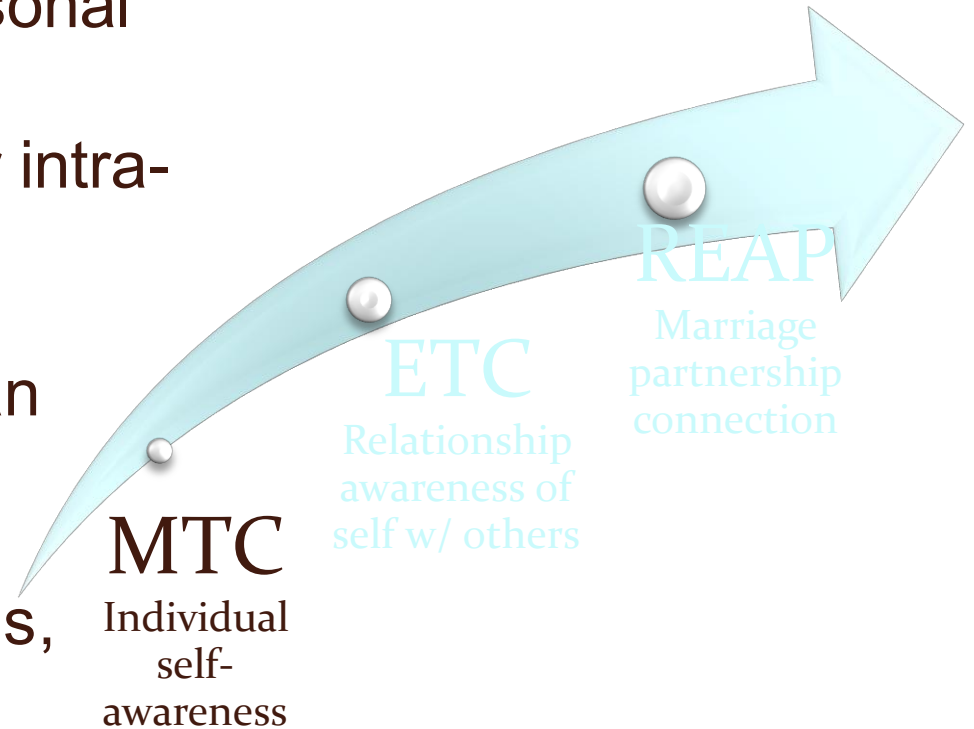
## **The Legacy Builders Curriculum**

- combines three separate sections which articulate and build on one another from one level to the next
- is based in the belief that awareness of oneself and others is foundational to healthy relationship partnerships.

# LBC Objectives

## MTC Section Objectives—Learners will:

- discuss the effort and skills required to achieve personal growth and change
- recognize the need for intra- and interpersonal relationships skills
- recognize oneself as an agent of change
- explore differences in personalities, motivations, learning styles and intelligences



**MTC Assessment Product:** The “*Wheel of Identity*”

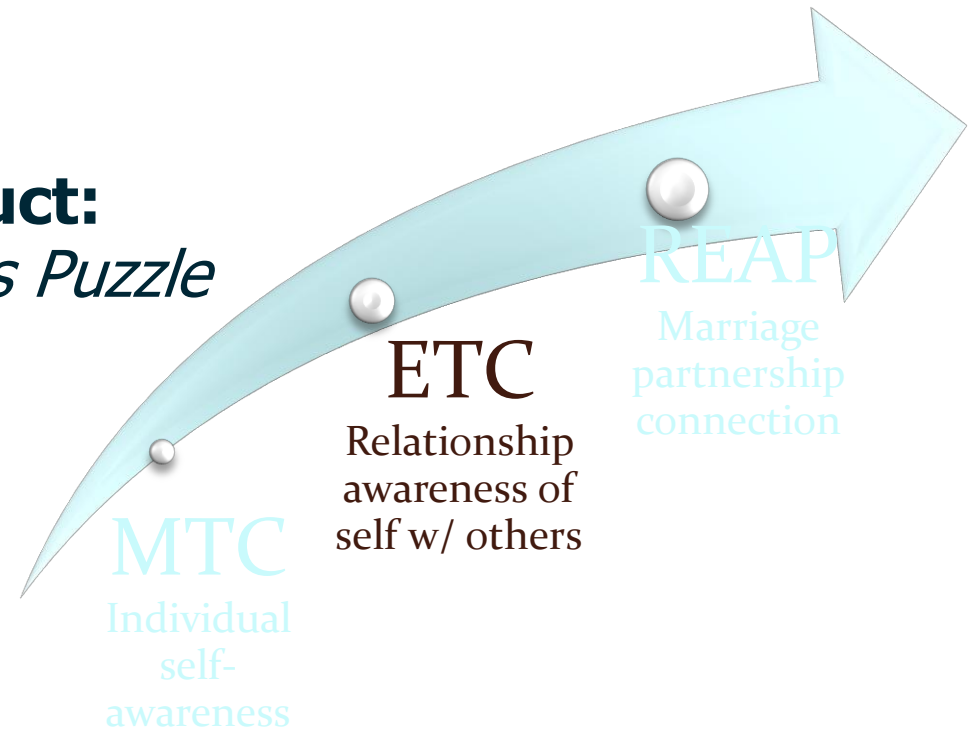
# LBC Objectives

## **ETC Section**—Learners will:

- recognize the possibility of multiple interpretations and valid perspectives
- create the same picture when seeking common ground

## **ETC Assessment Product:**

*Roles and Responsibilities Puzzle*





# LBC Objectives

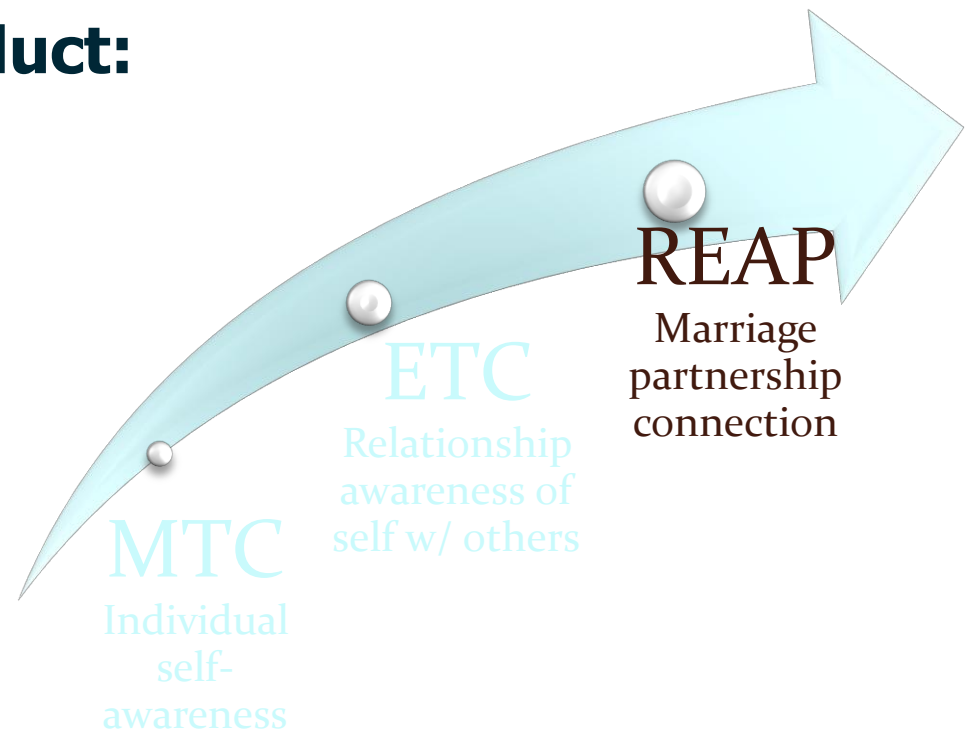
## **REAP Section**—Learners will:

- Use REAP to demonstrate skills necessary to establish shared expectations and goals in marriage partnership and family relationships

## **REAP Assessment Product:**

*Family "Standard" (Flag)*

REAP is an acronym for:  
Respect the differences  
Expect good things  
Accept the change  
Protect the investment





# LBC Goals

## When couples have completed this course they should:

- understand the value in valuing the differences in others
- be willing to consider others perspectives when interacting
- have acquired new relationship skills and know how to seek common ground in partnership
- have insight into ways they can approach family conflicts in healthier ways
- have artifacts from the LBC course as reminders of their partnership commitment
- be on a path to **MODEL HEALTHY RELATIONSHIPS** to their children as a **LEGACY**